

Move Your Tail

Fun Run/Bike Event

Overnight Camping available through tvrpd.org or call (661)822-8047



All proceeds to benefit the Tehachapi Humane Society

September 25, 2010

Start Time: 9:00am

Registration/Check In 7:00am

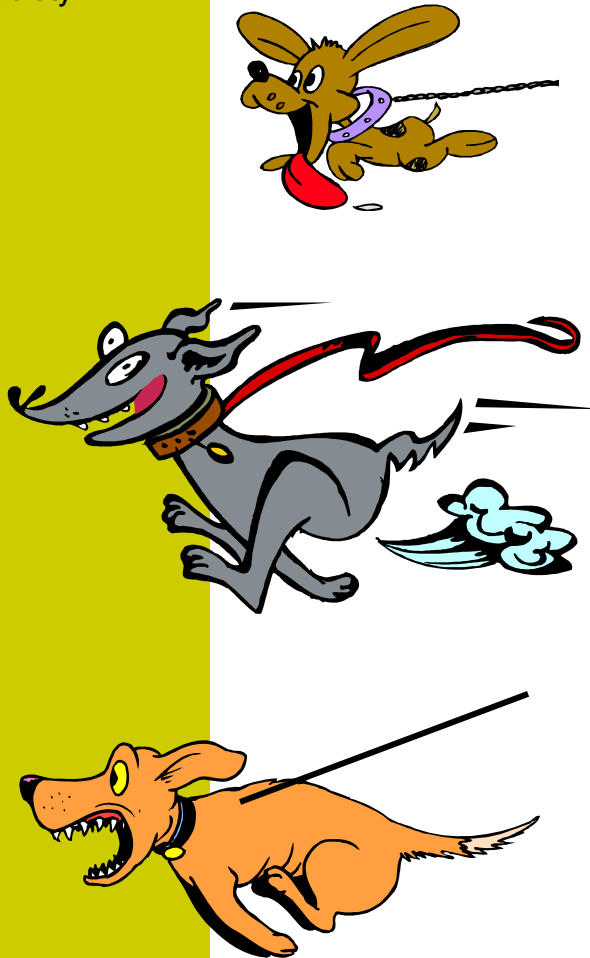
Events

- 1 mile "Walk for the Animals" or run
- 5K - "Doggie Dash"
- 10K - "Paw Pounder"
- 13 miles - "Dirt Dogs" Mountain Bike
- "Muddy Mutts" Duathlon Bike/Run (10K run & 13 miles of bike combined)

- * Add \$5.00 for same day registration
- * All "good citizen" dogs on a leash are welcome in the running events.

This is a trail style event located at Brite Lake in Tehachapi. All courses will take place on dirt roads/trails with minimal access to pavement or asphalt.

Course descriptions and directions to event can be found at Tehachapitrails.org



PRIZES

- **Medals & Prizes**
top male & female racers 1st thru 3rd in each event
- **Race T-Shirts for Pre-Registered racers**
(deadline 9/3/10)
- First 30 to pre-register will receive a Raffle Ticket for a \$500 gas card

Sponsored by:

Tehachapi Mountain Search & Rescue



DOG WASH & BOUTIQUE

Tehachapi Valley Recreation & Parks



Register at www.Active.com or mail this form to:

Tehachapi Humane Society
21512 Indian Wells Drive
Tehachapi, Ca 93561

Make checks to:
Tehachapi Humane Society

Phone: (661) 823 - 7725 or
copper93561@yahoo.com

Name _____

Address _____

T-shirt Size: S M L XL

Phone: _____ M / F

Email: _____

In lieu of shirt please donate all \$ to the animals

- \$15 1 mile "Walk for the Animals"
- \$20 5K "Doggie Dash"
- \$25 10K "Paw Pounder"
- \$25 13 mile "Dirt Dogs" Mountain Bikes
- \$30 "Muddy Mutts" Duathlon 10K & Bike
- \$5 Dog Entry

Signature _____ Date _____

Signature of parent or guardian if under 18 years _____ Date _____